

The Christian School (Takeley)

DFE No. 881/6041
Registered Charity No. 1148518
Company Limited by Guarantee No. 8165830



Nuts and Allergy Policy

Observation:

There is a strong case for arguing that food-allergic children will gain a better awareness of their allergies, and learn avoidance strategies, if they move in an environment where allergens may turn up unexpectedly. If they are trained to be vigilant, their growing awareness may pay dividends one day when, for example, a friend offers them a biscuit at a party. If they are used to a nut-free environment, they may take the biscuit without thinking.

Policy

We do not use nuts or peanut butter as ingredients in cooking, and we seek to avoid the use of ingredients that state that they may contain traces of nuts.

We regularly remind everybody that our school is doing its best to be a nut free zone by means of the school newsletter and school information on lunch.

We ask staff, visitors and children to refrain from bringing in nuts or any other food onto the premises, but accept that it would be impossible to provide an absolute guarantee that we would be truly nut-free. We could not be sure that no child, staff member, contractor or visitor has an offending item tucked away.

When we are informed that a child or other visitor has a nut allergy:

- Parents and pupils are informed and reminded of our lunch box / snack policy.
- All staff are informed.
- All staff are expected to help any child with an allergy to manage the risk. This may include taking care about exposing the child to any nut product. During lunch times the pupils will be asked if anyone has any product containing nuts and the lunch boxes will be checked.
- Advice will be sought from parents as to how they manage their child's specific needs and this will be recorded in the medical files / office. Specific medication will be kept in the medicine cabinet, so that in the unlikely event of an allergic reaction taking place the appropriate procedure can be followed.

Reviewed August 2015